



Nourishing the Flame: A Professional Breathwork Forum

Join us for this empowering and inspiring continuing education opportunity to support and promote your career as a professional breathworker or associated health-field worker.

Our innovative 3 days forum will be facilitated by expert breathwork trainers Binnie A. Dansby, Judee Gee and Jeremy Youst, who have been at the cutting edge of their profession for over 25 years.

- Learn powerful and effective tools to integrate into your breathwork practice
- Renew your sense of passion and inspiration
- Deepen your relationship with like-minded colleagues
- Nourish your soul at the deepest level
- Connect with an international network dedicated to the accreditation of breathwork
- Optimize your capacity to thrive professionally

The program curriculum will be both informative and experiential, and includes conscious breathing sessions, open forum time, *tried and tested* techniques to add to your tool-box, and case-study supervision with the panel of veterans. Additional nourishment will be found through congenial networking and quality integration time.

The forum has been especially conceived for breathwork practitioners, facilitators and trainers, and is equally suitable for professionals from associated holistic fields wishing to deepen their relationship with breathwork.

Program Details

DATES: May 21-23, at the Sheraton Boston 39 Dalton St, Boston MA. The Sheraton is discounting rooms for us based on **availability** for \$229/night. If you are interested in booking at the Sheraton please contact: Helaine ASAP helaine@breathworkalliance.com there is a shuttle from Logan Airport to the Sheraton for \$15. (Please call the Sheraton to make this arrangement). There are also many other hotels easily accessible, if you need ideas please be in touch with Helaine.

Tuition Investment: \$300, \$250 for IBTA members. \$350, \$300 for IBTA members after April 1, 2010. Lodging, food and travel are not included in this price.

How to register: Reserve your space – attendance is limited.

You can pay using PayPal at breathworkalliance.com If you want to pay by check (payable to: IBTA) mail it to:

IBTA c/o Jeremy Youst
45 Stones Mill Rd
Spofford, NH 03462

If you register by mail please include your name, and contact information. Check must be received 10 days prior to event.

Cancellation and refunds, minus a \$50 processing fee can be granted up to 50 days (April 1) before the start of the event. Between 30-50 days from the start of the event, no refunds for cancellation will be granted. However, we will transfer your registration fee to a future event. No refunds or transfers will be extended on cancellations within 30 days.

For more information contact Helaine Iris 603.363.4252 or email:
helaine@breathworkalliance.com

IBTA Mission:

The International Breathwork Training Alliance (IBTA) is a consortium of professional breathwork schools, trainers, and practitioners who support and promote the integration of breathwork in the world as an accessible and vital healing modality that facilitates physical, emotional, intellectual and spiritual wellness.

Forum Facilitators:



Binnie A Dansby began her career in breathwork in 1975 in New York City. She subsequently incorporated a focus on pre- and peri-natal psychology as a foundation for the theory, principles and practice she has developed. Binnie created, and has been teaching, SOURCE Process and Breathwork since 1988 in England, Germany, Denmark and Estonia. Her 3 to 5 year diploma trainings focus on self-discovery and supervised practitioner training. She has also designed and teaches an approach to birth and birth preparation that continues to produce beneficial results for everyone in the family. She is the author of a DVD, Ecstatic Birth, and numerous papers, articles and CD's for inner and outer development.



Judee Gee has been using breathwork as a healing tool since 1981. Following studies in holistic medicine in Sydney in the late 1970's, she then trained in a range of metaphysical healing methods in San Francisco. Since 1988, she has been based in France where she co-directs the Integral Consciousness Training, a transpersonal development program leading to therapist and facilitator certification. Author of "Intuition: Awakening your inner guide", Samuel Weiser Inc., 1999. President of the International Breathwork Foundation (1998-2001), and member of the IBF Integrity Committee (2004-2006).



Jeremy Youst is the founder and director of the Power of Breath Institute located in Spofford, New Hampshire. Since 2001 The Power of Breath Institute has offered private sessions, personal intensives, workshops, and a life-changing nine-month Empowerment Training. POBI is proud to offer an IBTA accredited Practitioner Certification program which focuses on training individuals in therapeutic breathwork as well as professional practice development. Facilitating and teaching breathwork since 1995 Jeremy serves on the IBTA board and is the author of numerous articles on breathwork and personal empowerment.